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FOM MAHSA Newsletter



Faculty of Medicine
June 2024
Issue 2

Faculty of Medicine
MAHSA University, BSP, Selangor
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INSIDE THIS ISSUE

1. Message from Dean
2. Student Activities
3. FOM Activities
4. New FOM Staffs

Message from Dean

Dear Faculty Members, Students, Alumni, and Friends of MAHSA University,

Welcome to the latest edition of our Faculty of Medicine (FOM) newsletter. It is with great pleasure that I share with you the exciting developments and upcoming events within our esteemed faculty.

Homecoming Event (20th June 2024) & Convocation Ceremony (22nd June 2024)

I extend my heartfelt congratulations to the graduating class of June 2024! Today we hosted 2 students who will be graduating with the MScPH (one full time and one ODL student). Our upcoming convocation ceremony on June 22nd promises to be a momentous occasion as we celebrate the achievements and hard work of our graduating students: 12 MBBS; 2 MScPH. This milestone not only marks the culmination of their academic journey but also signifies the beginning of their impactful careers in medicine.



Upcoming Events: Engaging with Prospective Students

We are excited to invite prospective students and their families to our upcoming Open Day (OD) on the weekends and the University Preview Day (UPD). These events provide

invaluable opportunities to explore our state-of-the-art facilities, meet our dedicated faculty members, and learn more about our renowned MBBS Programme and other diverse postgraduate offerings such as the MScPH (FT and ODL), MSc (Aesthetic Medicine), MSc (Anatomy), MSc (Mixed Mode), and PhD. Two other programs – Postgraduate Certificate in Aesthetic Medicine (PGCAM) and Postgraduate Diploma in Beauty and Health (PGDBH) – will be launched soon.

Adult Learning Open Day (ALOD): Embracing Lifelong Education

Our commitment to lifelong learning is further exemplified through the Adult Learning Open Day (ALOD). This event showcases our postgraduate programs such as the MSc in Public Health (MScPH), MSc in Aesthetic Medicine, MSc in Anatomy, and the versatile MSc Mixed Mode, among others. These programs are designed to empower healthcare professionals with advanced knowledge and skills to excel in their fields.

Research, Innovation, and Entrepreneurship (RIE): Driving Excellence

At MAHSA University, we place a strong emphasis on Research, Innovation, and Entrepreneurship (RIE). Our faculty members and students continue to engage in groundbreaking research that addresses critical healthcare challenges and contributes to the advancement of medical science. We foster a culture of innovation and entrepreneurship, encouraging our community to translate research outcomes into practical solutions for societal benefit.

Partnerships and Collaborations: Strengthening Our Impact

Collaboration is key to our success. We are proud of our strategic partnerships with leading healthcare institutions, industry stakeholders, and international universities. These collaborations enhance our educational offerings, research capabilities, and global outreach, ultimately enriching the learning experience for our students and the quality of healthcare delivery. Our recent partnership night in the Haniffah Business School (HBS) provided a golden opportunity to engage with our partners to drive the student numbers, especially adult learners, to the various courses in the FOM.

Conclusion

As we embark on the next chapter of excellence in medical education and research, I am confident that together, we will continue to uphold the highest standards of academic rigor, compassionate patient care, and community engagement. Thank you for your unwavering support and commitment to MAHSA University's FOM.

Warm regards,



Prof. Dr. Rusli Bin Nordin

MMC No. 23591 / APC No. 64514/2024

Staff No.: MU00399

MBBS (Monash); MPH (Malaya); DrMedSc (Tokyo); GCHE (Monash); HonFFOM (Ireland); FAOEM (Malaysia); FPHM (Malaysia); FRSPH (UK); FAPA-PFAW (Australia); AM (Malaysia)

Dean

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Student Activities

A Day of Impact: Volunteering as a CPR Instructor at the Persiaran Rimbayu Medical Camp 2024

In the heart of Selangor, the vibrant community of Persiaran Rimbayu recently witnessed an inspiring event that highlighted the power of collective effort and the significance of community health initiatives. As part of the Rimbayu Community Project, a medical camp was organized, bringing together healthcare professionals, volunteers, and residents for a day focused on health and wellness. I had the privilege of volunteering as a CPR (Cardiopulmonary Resuscitation) instructor, a role that proved to be both enlightening and deeply fulfilling.

The Community Project aims to enhance the well-being of residents through accessible healthcare services and educational programs. This medical camp was a testament to that vision, offering a range of services including general health check-ups, dental screenings, eye exams, and nutritional advice. By addressing both immediate health needs and preventive care, the project fosters a holistic approach to community health.

As a CPR instructor, my primary goal was to empower community members with the skills and confidence needed to perform life-saving CPR. In emergency situations, the ability to act swiftly and correctly is crucial and can save lives. Despite its importance, many people lack proper training. Our mission was to change that.

Our training sessions began with an overview of the importance of CPR, supported by statistics and real-life examples. We then demonstrated the correct techniques for chest compressions and rescue breaths using dummies. Participants were encouraged to practice these techniques, ensuring they understood the rhythm and pressure required for effective CPR.

The community's engagement was exceptional. People of all ages, from teenagers to the elderly, participated eagerly. Their dedication to learning and attentiveness during the sessions were truly inspiring. Many shared personal experiences of witnessing medical emergencies, underscoring the critical importance of our training.

Despite the overall positive experience, we faced some challenges. Language barriers

occasionally made communication difficult, but bilingual volunteers helped bridge these gaps. Additionally, coordinating the large number of participants required efficient time management to ensure everyone had hands-on practice. The spirit of teamwork among the volunteers was instrumental in overcoming these obstacles.

Volunteering as a CPR instructor at the Persiaran Rimbayu medical camp was a deeply rewarding experience. Seeing participants gain confidence in their ability to perform CPR and knowing that these skills could one day save lives was incredibly fulfilling. The gratitude expressed by the community was heartfelt, and it underscored the importance of such initiatives. This experience also reinforced the significant impact of grassroots health movements. When a community comes together to share knowledge and resources, it creates a network of support that enhances the overall well-being of its members. The Rimbayu Community Project is a shining example of how local initiatives can drive meaningful change.



Demonstration of life-saving CPR

The success of the medical camp in Persiaran Rimbayu highlights the potential for similar projects in other communities. By fostering collaboration between healthcare professionals and local residents, and by providing essential training like CPR, we can build resilient communities equipped to handle emergencies. The model established here can inspire other regions to adopt a proactive approach to health education and

emergency preparedness, ultimately leading to healthier, safer, and more cohesive societies.

The medical camp in Persiaran Rimbayu, as part of the Community Project, was a great demonstration of community spirit and the importance of health education. Volunteering as a CPR instructor allowed me to contribute to a cause that has a lasting impact on individuals and the community. This experience highlighted the value of volunteering and the profound difference we can make when we work together towards a common goal. As we look forward to future events, the lessons learned, and the connections made at this camp will continue to inspire and drive our efforts to promote health and wellness in the community.

The success of this medical camp underscores our ongoing commitment to enhancing community health, and as we look to the future, we remain dedicated to expanding these initiatives to foster even stronger, healthier communities.

"CPR is a critical skill that every person should learn; it can mean the difference between life and death."

Prepared by Jannat Ara (MBBS Year 5)

FOM Activities

Bubur Manis: “Pengat Pisang With Sago”

In conjunction with the Ramadan month, the Faculty of Medicine collaborated with the Center of Pre Uni (CPU) to prepare "Pengat Pisang with Sago" for distribution among staff and students at MAHSA University. Pengat Pisang is a well-loved Malaysian dish, particularly popular on the East Coast in Kelantan and Terengganu. This sweet dessert is prepared by simmering bananas with coconut milk and sugar until it becomes thick, creamy, and irresistibly sweet.

This event took place on April 2, 2024 (Tuesday) and began with ingredient preparation at 8:00 a.m.



Ingredient preparation for “bubur manis”

The team distributed approximately 350 bowls of Pengat Pisang in front of the Habitat Humanity Building, bringing great satisfaction and fostering acts of kindness during this festive month.

This initiative not only promoted cooperation among participants but also offered students and staff from diverse backgrounds an opportunity to enjoy a traditional Malaysian dessert. The event concluded around 3:00 p.m., leaving a positive impact on all involved.



Faculty members gathered in front of Habitat Humanity Building, getting ready to distribute the “Bubur Manis”

We extend our heartfelt gratitude to all the staff and committee members from FOM and CPU who contributed to the success of this event.

Prepared by Ms Nur Haslinda Binti Rusli

FOM Hari Raya "Open House" Celebration

In celebration of Hari Raya Aidilfitri, the Faculty of Medicine (Pre-Clinical) hosted a Hari Raya "Open House" luncheon on Wednesday, April 17, 2024. The event took place at Level 7, FOM Unity Building, SPC, and was chaired by our esteemed Dean, Prof. Dr. Rusli bin Nordin. All pre-clinical staff at the SPC Campus were invited to attend, and the faculty also extended invitations to VIPs from other faculties and the university administration. Distinguished guests included Vice-Chancellor of MAHSA University, Professor Dato' Dr. Ikram Shah Bin Ismail; Director of Business Development, Partnership, Government & Industry Liaison, Dato' Haji Abdul Rani Bin Haji Osman; and Director of International Relations, Professor Zahrah Saad, who joined to enliven the celebration.



The event featured a variety of Raya dishes, including Nasi Hujan Panas with Ayam Masak Merah, Mee Kari, Roti Jala with Kari Ayam, and Nasi Impit with Kuah Kacang. Guests enjoyed a delightful selection of desserts including cocktails, fruits, and Raya cookies, all set against a backdrop of festive music, lively chatter, and laughter.

The celebration concluded at 4:00 p.m. We extend our heartfelt thanks to all the guests who attended and to the committee members who were involved in the preparation of this memorable event.

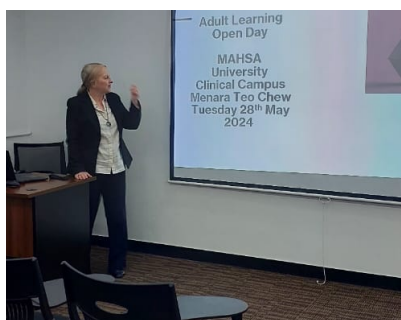


Group picture with Vice Chancellor Professor Dato' Dr Ikram Shah Bin Ismail

Prepared by Ms Nur Haslinda Binti Rusli

MAHSA University Adult Learning Open Day

The MAHSA University Adult Learning Open Day (ALOD) was held on 28 May 2024 at Menara Tiong Campus (MTC). The event aimed to showcase the diverse range of educational programs and resources available to adult learners in the community. There were five external attendees from the Teow Chiew Association. The attendees actively participated in various activities, including information booths, course demonstrations and admission and financial seminars. Representatives from colleges, universities, and adult education providers were present to answer questions and provide information about their programs and services. Instructors offered mini-lectures or demonstrations, giving attendees a taste of specific courses. Experts provided guidance on the application process and financial aid options for adult learners. The Open Day highlighted the vast array of educational opportunities available to adults. Course offerings span a broad spectrum, including professional development courses and personal enrichment courses. Skill-building workshops and training programs designed to enhance career prospects. The classes focus on interests, personal development and experiences. Overall, feedback from attendees was positive. They appreciated the opportunity to explore different learning options and gain valuable information from program representatives. The constructive suggestions for future ALOD includes to increase outreach by expanding the marketing efforts to reach a wider range of potential adult learners. Secondly, targeted workshops that are tailored to specific needs and interests of adult learners, such as time management for busy adults or navigating online learning platforms. Lastly, interactive activities can be conducted by incorporating more interactive elements, such as hands-on demonstrations or skills assessments, to further engage attendees.



The ALOD was a successful event that provided a valuable platform for adults to explore their educational options. By continuing to offer a diverse range of programs and resources, and fostering a welcoming and informative environment, future Open Days can further empower adults to pursue their educational goals.

Prepared by Assoc Prof Dr Peh Kiam Heng

Welcome to our New FOM Staff!



Assoc Prof Dr Tin Tin Phyu

Department of
Psychiatry

Associate Professor Dr Tin Tin Phyu was awarded Doctor of Medicine Doctor of Surgery (MBBS) in 1975, Diploma in Psychological Medicine (D.P.M) in 1986 from the Institute of Medicine, Yangon, Diploma in Addiction Behaviour (DAB London) in 1991 from the Institute of Psychiatry, University of London, Master of Medical Science (Psychiatry) (M. Med. Sc. Psychiatry) in 2000 from the University of Medicine, Yangon, and Certificate of Achievement in Good Clinical Practice in 2016 from Clinical Research Centre by the Ministry of Health, Malaysia. She is a member of the Myanmar Medical Council. She had been working in the Ministry of Health, Department of Health in the field of medicine, particularly General Psychiatry /Addiction, for 30 years till she retired in 2012. During those years, she was posted to many township hospitals and mental hospitals in Yangon. In academia, she worked as a lecturer and associate professor at the Psychiatry Department at the University of Medicine 1 in Yangon. Her prominent work experience was working as a project manager in the Drug Abuse Control Project with WHO from 2003 to 2005. During her employment at WHO, she was involved in developing the Methadone Maintenance Treatment Guidelines. She also helped, with support from WHO and INGO, to conduct training sessions and seminars on methadone maintenance treatment. She implemented an innovative treatment program for Methadone Maintenance Treatment in Myanmar. After retirement, she worked as an associate professor at the Psychiatry, Rehabilitation and Palliative Care at SEGi University Faculty of Medicine Sibul Clinical Campus from 2014 to 2016. From 2016 to 2017, she worked as an associate professor at Management and Science University. From 2018 to 2020, she worked in Psychiatry, Rehabilitation and Palliative Care as an associate professor at the Faculty of Medicine Sibul Clinical Campus, SEGi University. Her research interest is the area of addiction behaviour (Substance use and its intervention measures).



**Assoc Prof Dr
Sreenivasulu Sura**

Department of
Anatomy

Associate Professor Dr. Sreenivasulu Sura possesses a rich and extensive background in the realm of education, particularly within the discipline of Human Anatomy, wherein he has garnered over eighteen years of teaching experience. His academic journey underscores a profound commitment to advancing knowledge and expertise in the field. Holding a Master of Science in Medical Anatomy from Kasturba Medical College, Manipal, India, and currently pursuing doctoral studies in Neuroscience at Universiti Putra Malaysia, Malaysia, He exhibits a steadfast dedication to academic progression. His research interests are multifaceted, encompassing areas such as Natural Products Discovery, Neurodegenerative Diseases, and Neurotoxicology, highlighting his unwavering dedication to unraveling complex medical phenomena. Dr. Sreenivasulu's scholarly contributions extend across a wide spectrum of medical science topics, with a particular focus on neuroscience and the therapeutic potential of natural compounds in addressing neurodegenerative diseases. Notable publications include research on Preclinical studies pertaining to Parkinson's disease treatment using medicinal plants, the involvement of astrocytes in Alzheimer's disease, and the regulatory influence of the endocannabinoid system on cognitive function in Alzheimer's disease, published in prestigious journals such as *Frontiers in Pharmacology*. Dr. Sreenivasulu spearheaded a research endeavor titled "The effectiveness of online flipped classroom as a pedagogical tool in Anatomy education – A pilot study" from 2021 to 2022, funded by UTAR, Malaysia. In his capacity as the Surgical Anatomy Consultant in the Academy for Silent Mentor Program, he plays a pivotal role in facilitating surgical and anatomy dissection workshops. Throughout his illustrious career, Dr. Sreenivasulu has not only distinguished himself in the realm of teaching but has also assumed various administrative responsibilities, thereby showcasing his proficiency in curriculum development, research management, and student mentorship. Furthermore, his active participation in professional organizations like the Anatomical Society of India underscores his sustained engagement within the broader academic community.



**Assoc Prof Dr Krishna
Chaitanya Reddy
Dandala**

Department of
Anatomy

Dr. Krishna Chaitanya Reddy earned his Master of Science degree in Medical Anatomy in 2013, followed by the completion of his doctoral studies in Human Anatomy in 2018. His primary research interests encompass radiological anatomy, clinical anatomy, and variant anatomy. In pursuit of continuous professional development, Dr. Reddy successfully completed the Essential Skills in Medical Education course, held by the Association of Medical Educationists of Europe (AMEE) and the University of Dundee, UK; a Certificate course in Clinical Radiology, conducted by the Association of Radiographers, UK; and a Fellowship in Health Professions Education (FHPE) at the Institute of Health Professions Education, Sri Balaji Vidyapeeth, Puducherry, India. Dr. Reddy is a distinguished recipient of the 'L.N. Mehta' Gold Medal, awarded by the Anatomical Society of India for the best published research paper in 2016. He has been dedicated to the instruction of anatomy to undergraduate medical, paramedical, and nursing students for over five years. His academic expertise is further evidenced by his prolific contributions to original research, review articles, and editorials in highly regarded academic journals. Additionally, he serves as Associate Editor for the Journal of the Anatomical Society of India, where he remains at the forefront of emerging trends in medical education and anatomical research. Dr. Reddy has also contributed to the "***Thieme Dissector: Abdomen and Lower Limb***," Volume 2, in 2015 and 2022. His professional affiliations include life memberships with both the Anatomical Society of India (ASI) and the Academy of Health Professions Educators (AHPE).

Upcoming Issues:

1. ALPS - MAHSA MoU Signing
2. SAHAMM - MAHSA MoU Signing
3. CME Talks (Jan - June)
4. Research Talk
5. Mi-MED Conference
6. Biodata of New Staff

Editorial Team

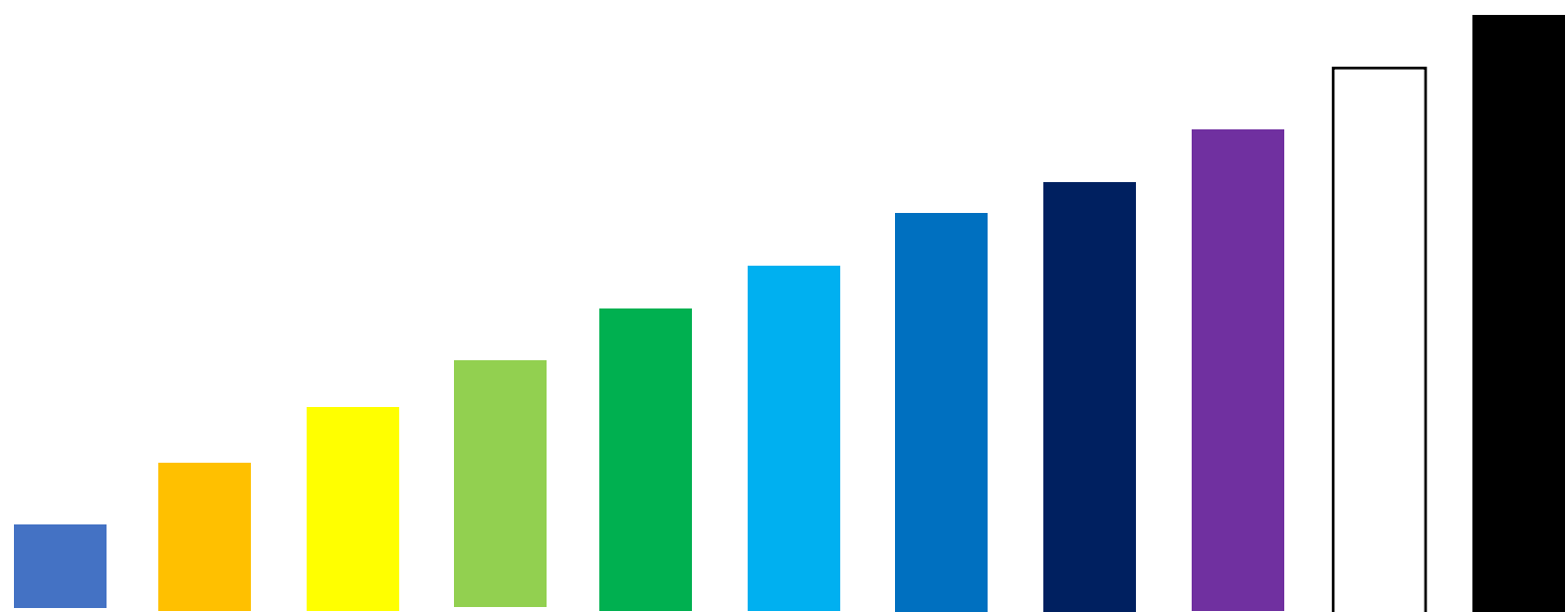
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Dr. Sri Raja Rajeswari
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